Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/9/2001.

Name of entity	Freedom Foods Group Limited
ABN	41 002 814 235

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Rory J F Macleod
Date of last notice	10 th December 2009

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Direct	Indirect	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Direct	Trustee and Beneficiary	Trustee and Beneficiary
Date of change	-	-	17.12.10
No. of securities held prior to change	1,700,000	182,775	None
Class	Options	Ordinary Shares	Convertible Redeemable
Number acquired	-	-	6,666
Number disposed	-	-	-
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	-	-	\$2000.00
No. of securities held after change	1,700,000	182,775	6,666

+ See chapter 19 for defined terms.

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Nature of change		Acceptance of Non
Example: on-market trade, off-		Renounceable Offer
market trade, exercise of options, issue of securities under dividend		of Convertible
reinvestment plan, participation in		Redeemable
buy-back		Preference Shares

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	
Nature of interest	
Name of registered holder (if issued securities)	
Date of change	
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	
Interest acquired	
Interest disposed	
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	
Interest after change	

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⁺ See chapter 19 for defined terms.