December 24, 2010



New Zealand Oil & Gas Ltd has updated its security trading policies, to meet the requirements of new ASX Listing Rules which come into force on 1 January 2011.

The updated polices are attached.

Yours sincerely

Chris Roberts

Corporate Affairs Manager

(Robert

Level 20 125 The Terrace PO Box 10 725 Wellington 6143 New Zealand



(Updated December 2010)

Securities Trading Policy and Guidelines for Directors

This policy applies to non-executive directors of New Zealand Oil & Gas Limited and its subsidiaries who intend to trade in listed securities. In this policy 'trade' includes buying or selling listed securities, or agreeing to do so, or advising or encouraging any other person to trade or hold listed securities.

Introduction and Purpose

This document details the policy of New Zealand Oil & Gas Limited (NZOG or the Company) for Directors dealing in the following securities (Restricted Securities):

- ordinary shares of NZOG, any other listed securities of NZOG or its subsidiaries and any listed derivatives (including futures contracts listed on an authorised futures exchange) in respect of those securities, from time to time (NZOG Securities); and
- shares and other listed securities in any other listed company in respect of which Material Information has been received by NZOG.

The requirements imposed by this policy are separate from, and in addition to, the legal prohibitions on insider trading in New Zealand, Australia and any other country where those securities may be listed.

Any Director intending to trade Restricted Securities should complete a Director's Acknowledgment form as attached to this policy prior to trading.

If you are in any doubt as to whether or not this policy may affect you, you should seek guidance from the Chairman of the Audit Committee prior to trading.

Insider Trading Laws

If you have any **Material Information**, it may be illegal for you to:

- trade listed securities;
- advise or encourage any other person to trade or hold listed securities;
- advise or encourage a person to advise or encourage another person to trade or hold listed securities;
- pass on Material Information to anyone else including colleagues, family or friends knowing (or where you ought to have known) that the other person will use that information

to trade, continue to hold, or advise or encourage someone else to trade, or hold, listed securities.

This offence, called "insider trading", can subject you to criminal liability including large fines and/or imprisonment (if convicted of insider trading you will be liable to a fine not exceeding \$300,000 or a term of imprisonment of up to 5 years or both), and civil liability, which may include being sued by another party or NZOG, for any loss suffered as a result of illegal trading.

What is "Material Information"?

"Material Information" is information that:

- is not generally available to the market; and
- if it were generally available to the market, would have a material effect on the price of listed securities.

Information is generally available to the market if it has been released as an NZX and ASX announcement or investors that commonly invest in listed securities can readily obtain the information (whether by observation, use of expertise, purchase or other means). Information includes rumours, matters of supposition, intentions of a person (including NZOG), and information, which is insufficiently definite to warrant disclosure to the public.

What are some examples of Material Information?

The following list is illustrative only. Material Information could include information concerning:

- the financial performance of NZOG;
- a possible change in the strategic direction of NZOG;
- results from a drilling programme or reserves re-assessment;
- a possible acquisition or sale of any assets or company by NZOG:
- entry into or the likely entry into or termination or likely termination of material contracts or other business arrangements which are not publicly known;
- a possible change in NZOG's capital structure;
- a change in the historical pattern of dividends;
- senior management changes;
- a material legal claim by or against NZOG; or
- any other unexpected liability;

which has not been released to the market.

Please also note that a Broker's Report in respect of NZOG may constitute Material Information in the days following its selective release to the broker's clients. That position will change once the report has been more generally released.

Closed Periods for trading in NZOG's securities

In accordance with ASX Listing Rule 12.9, NZOG has determined that the following periods are Closed Periods during which Directors are not permitted to trade in NZOG Securities:

- from the first trading day on which draft full year accounts are provided to the Audit Committee for consideration (as advised by the Company Secretary) following the end of each financial year until the opening of trading on the third trading day after the trading day on which the Company's audited full year accounts have been disclosed to the market via the NZX and the ASX announcement platforms; and
- from the first trading day on which the draft half year accounts are provided to the Audit Committee for consideration (as advised by the Company Secretary) following the end of each half year until the opening of trading on the third trading day after the trading day on which the Company's audited or reviewed half year accounts have been disclosed to the market via the NZX and the ASX announcement platforms.

A Director may not trade NZOG Securities during a Closed Period unless there are special circumstances and they have first obtained prior clearance from the Chairman of the Audit Committee authorising them to trade (see below).

The restrictions surrounding Closed Periods only apply to the trading of NZOG Securities. Trading of other Restricted Securities is not affected by the Closed Periods.

Directors are free to trade NZOG Securities outside of the Closed Periods subject to all relevant insider trading laws and the requirement that they first provide a completed Director Acknowledgment form to the Company.

Trading not subject to the Closed Periods

The Closed Period restrictions do not apply to every trade involving NZOG Securities. The following types of trades in NZOG Securities are not subject to the Closed Period restrictions:

- where the trading results in no change in beneficial interest in the NZOG Securities;
- where trading occurs via investments in a scheme or other arrangement where the
 investment decisions are exercised at the discretion of a third party (including Kiwisaver
 schemes and other similar superannuation funds), provided that the fund or scheme does
 not invest exclusively in NZOG Securities;
- where the trading occurs under an offer to all or most of the NZOG Security holders such as a takeover offer, a rights issue, a security purchase plan, a dividend or distribution reinvestment plan and an equal access buy-back;
- where the Director has no control or influence with respect to trading decisions such as a disposal of NZOG Securities that results from a secured lender exercising their rights, for example, under a margin lending arrangement;
- the exercise (but not the sale of NZOG Securities following exercise) of an option or a right under an employee incentive scheme, or the conversion of a convertible security, where the final date for the exercise of the option or right, or the conversion of the security, falls during a Prohibited Period (being a Closed Period or any additional periods when a Director is prohibited from trading, which are imposed by NZOG from time to time when NZOG is considering matters which are subject to Listing Rule 3.1A) and NZOG has been in an exceptionally long Prohibited Period or NZOG has had a number of consecutive Prohibited Periods and the Director could not reasonably have been expected to exercise it at a time when free to do so.

If any Director is in any doubt as to whether a proposed trade in NZOG Securities is subject to the Closed Period restrictions set out in this policy, they should contact the Chairman of the Audit Committee for clarification before trading.

Prior clearance to trade in 'exceptional circumstances'

There may be exceptional circumstances that justify the Chairman of the Audit Committee granting a Director, not in possession of Material Information, prior written clearance to trade NZOG Securities during a Prohibited Period.

If any Director considers that, due to exceptional circumstances, they should be granted such clearance they must provide a written request for prior clearance to the Chairman of the Audit Committee. The written request should contain an explanation of the exceptional circumstances and the reasons why clearance should be granted.

The Chairman of the Audit Committee will determine on each occasion whether the circumstances justify clearance. Circumstances that might justify clearance include where financial hardship is involved or there is a pressing financial commitment that cannot be satisfied otherwise than by selling the NZOG Securities.

Any clearance will be granted in writing, will specify the period during which trading may occur and will be subject to the requirement that the Director complies with relevant insider trading laws.

Director's acknowledgement (prior to trading)

Prior to trading in Restricted Securities, a Director must send a completed Director's Acknowledgment (as per the form attached to this policy) to:

- in the case of Directors generally, the Chairman of the Audit Committee and the CEO;
- in the case of the Chairman of the Audit Committee, the Chairman of the Board and the CEO;

indicating his/her intention to trade and confirming that he/she is not in possession of any Material Information. The relevant recipients will consult and will confirm to the Director whether NZOG knows of any reason why such trade should not occur.

The requirement to send a completed Director's Acknowledgement form does not apply to:

- acquisitions and disposals of securities by gift or inheritance;
- acquisitions through an issue of new listed securities such as an issue of new shares on the
 exercise of options, an issue of partly paid shares under the NZOG employee share
 ownership plan as determined by the Executive Appointments and Remuneration
 Committee, acquisition under a rights issue or a dividend reinvestment plan.

Trading in derivative products

Directors must not trade in instruments or other financial products which operate to limit the economic risk of any securities held under any equity based incentive schemes provided by the Company while those holdings are subject to performance hurdles or are otherwise unvested. Any sale or other trade involving those securities after they have vested and performance hurdles have been met must be done in compliance with this policy.

Further advice from the Company

If the Chairman of the Audit Committee or the CEO is aware that a Director has provided a Director Acknowledgement in respect of an intention to trade Restricted Securities and:

- the trade has not yet occurred; and
- either the Chairman of the Audit Committee or the CEO becomes aware that any Material Information that is not known to the director may be announced or otherwise become known by the market within the next 10 trading days;

then the Chairman of the Audit Committee or the CEO, as applicable, will notify the Director accordingly.

Approved and adopted by the NZOG Board.

New Zealand Oil & Gas Limited

DIRECTOR'S ACKNOWLEDGEMENT FOR TRADING RESTRICTED SECURITIES

To: Chair of the Audit Committee, New Zealand Oil & Gas Limited (NZOG)
Chief Executive Officer
Chairman of the Board
(delete as appropriate in accordance with Securities Trading Policy for Directors)

In accordance with NZOG's Securities Trading Policy and Guidelines for Directors, I hereby give notice that I intend to trade in Restricted Securities. I acknowledge NZOG is not advising or encouraging me to trade or hold securities and does not provide any securities recommendation.

Name of Restricted Security:	
Name:	
Name of registered holder (if different):	
Description and number of Securities:	
Type of proposed transaction:	
i.e. Purchase / Sale / Other (specify)	
To be transacted:	
i.e. on NZX / Off-market trade / Other (specify)	
Likely date or period of transaction (on or about):	

I declare that I do not hold Material Information which is information:

- not generally available to the market; and
- which would have a material effect on the price of Restricted Securities and certify that the details given above are complete.

I am aware that it is a criminal offence to knowingly breach insider trading laws. If convicted of insider trading I acknowledge that I am liable to a term of imprisonment of up to 5 years or a fine not exceeding \$300,000 or both.

I know of no reason why I should refrain from trading in Restricted Securities and certify that the details given above are complete, true and correct.			
Signature	Date		
NZOG hereby confirms that it has considered this notification and is not aware of any Material Information that is not known to the director but which may be announced or otherwise become known by the market within the next 10 trading days and accordingly knows of no reason why the transaction described above should not occur.			
Name (on behalf of issuer)	Date		



(Updated December 2010)

Securities Trading Policy and Guidelines for Employees and Dedicated Contractors

This policy applies to all employees and dedicated contractors of New Zealand Oil & Gas Limited and its subsidiaries who intend to trade in listed securities. In this policy 'trade' includes buying or selling listed securities, or agreeing to do so, or advising or encouraging any other person to trade or hold listed securities.

Introduction and Purpose

This document details the policy of New Zealand Oil & Gas Limited (NZOG or the Company) on dealing in the following securities (Restricted Securities):

- ordinary shares of NZOG, any other listed securities of NZOG or its subsidiaries and any listed derivatives (including futures contracts listed on an authorised futures exchange) in respect of those securities, from time to time (NZOG Securities); and
- shares and other listed securities in any other listed company in respect of which Material Information has been received by NZOG.

The requirements imposed by this policy are separate from, and in addition to, the legal prohibitions on insider trading in New Zealand, Australia and any other country where those securities may be listed.

You may only trade in Restricted Securities after completing a Request for Consent to Trade form as attached to this policy and receiving NZOG consent.

If you do not understand any part of this policy, or how it applies to you, you should raise the matter with the General Counsel or Chair of the Audit Committee before dealing with any securities covered by this policy.

Fundamental Rule – Insider trading is prohibited at all times

Insider Trading Laws

If you have any **Material Information**, it may be illegal for you to:

- trade listed securities;
- advise or encourage any other person to trade or hold listed securities;
- advise or encourage a person to advise or encourage another person to trade or hold listed securities;

pass on Material Information to anyone else – including colleagues, family or friends –
knowing (or where you ought to have known) that the other person will use that information
to trade, continue to hold, or advise or encourage someone else to trade, or hold, listed
securities.

This offence, called "insider trading", can subject you to criminal liability including large fines and /or imprisonment (if convicted of insider trading you will be liable to a fine not exceeding \$300,000 or a term of imprisonment of up to 5 years or both), and civil liability, which may include being sued by another party or NZOG, for any loss suffered as a result of illegal trading.

Confidential Information

In addition to the above, you also have a duty of confidentiality to NZOG. You must not reveal any confidential information concerning NZOG to a third party (unless that third party has signed a confidentiality agreement with NZOG and you have been authorised to disclose the confidential information), or to use confidential information in any way which may injure or cause loss to NZOG, or use confidential information to gain an advantage for yourself. You should ensure that external advisers keep NZOG information confidential.

What is "Material Information"?

"Material Information" is information that:

- is not generally available to the market; and
- if it were generally available to the market, would have a material effect on the price of listed securities.

Information is generally available to the market if it has been released as an NZX and ASX announcement or investors that commonly invest in listed securities can readily obtain the information (whether by observation, use of expertise, purchase or other means).

Information includes rumours, matters of supposition, intentions of a person (including NZOG), and information, which is insufficiently definite to warrant disclosure to the public.

It does not matter how you come to know the Material Information (including whether you learn it in the course of carrying out your responsibilities, or in passing in the corridor, or in a lift, or at a social function).

What are some examples of Material Information?

The following list is illustrative only. Material Information could include information concerning:

- the financial performance of NZOG;
- a possible change in the strategic direction of NZOG;
- results from a drilling programme or reserves re-assessment;
- a possible acquisition or sale of any assets or company by NZOG;
- entry into or the likely entry into or termination or likely termination of material contracts or other business arrangements which are not publicly known;
- a possible change in NZOG's capital structure;

- a change in the historical pattern of dividends;
- senior management changes;
- a material legal claim by or against NZOG; or
- any other unexpected liability;

which has not been released to the market.

Please also note that a Broker's Report in respect of NZOG may constitute Material Information in the days following its selective release to the broker's clients. That position will change once the report has been more generally released.

This policy does not apply to:

- acquisitions and disposals of securities by gift or inheritance;
- acquisitions through an issue of new listed securities such as an issue of new shares on the
 exercise of options, an issue of partly paid shares as determined by the Executive
 Appointments and Remuneration Committee, acquisition under a rights issue, or a
 dividend reinvestment plan.

Closed Periods for trading in NZOG's securities

In accordance with ASX Listing Rule 12.9, NZOG has determined that the following periods are Closed Periods during which you are not permitted to trade in NZOG Securities:

- from the first trading day on which draft full year accounts are provided to the Audit Committee for consideration (as advised by the Company Secretary) following the end of each financial year until the opening of trading on the third trading day after the trading day on which the Company's audited full year accounts have been disclosed to the market via the NZX and the ASX announcement platforms; and
- from the first trading day on which the draft half year accounts are provided to the Audit Committee for consideration (as advised by the Company Secretary) following the end of each half year until the opening of trading on the third trading day after the trading day on which the Company's audited or reviewed half year accounts have been disclosed to the market via the NZX and the ASX announcement platforms.

You may not trade NZOG Securities during a Closed Period unless there are special circumstances and they have first obtained prior clearance from the Chairman of the Audit Committee authorising them to trade (see below).

The restrictions surrounding Closed Periods only apply to the trading of NZOG Securities. Trading of other Restricted Securities is not affected by the Closed Periods.

You are free to trade NZOG Securities outside of the Closed Periods subject to all relevant insider trading laws and the requirement that you first provide a completed Request for Consent to Trade form.

Trading not subject to the Closed Periods

The Closed Period restrictions do not apply to every trade involving NZOG Securities. The following types of trades in NZOG Securities are not subject to the Closed Period restrictions:

- where the trading results in no change in beneficial interest in the NZOG Securities;
- where trading occurs via investments in a scheme or other arrangement where the investment decisions are exercised at the discretion of a third party (including Kiwisaver schemes and other similar superannuation funds), provided that the fund or scheme does not invest exclusively in NZOG Securities;
- where the trading occurs under an offer to all or most of the NZOG Security holders such as a takeover offer, a rights issue, a security purchase plan, a dividend or distribution reinvestment plan and an equal access buy-back;
- where you have no control or influence with respect to trading decisions such as a disposal
 of NZOG Securities that results from a secured lender exercising their rights, for example,
 under a margin lending arrangement;
- the exercise (but not the sale of NZOG Securities following exercise) of an option or a right under an employee incentive scheme, or the conversion of a convertible security, where the final date for the exercise of the option or right, or the conversion of the security, falls during a Prohibited Period (being a Closed Period or any additional periods when you are prohibited from trading, which are imposed by NZOG from time to time when NZOG is considering matters which are subject to Listing Rule 3.1A) and NZOG has been in an exceptionally long Prohibited Period or NZOG has had a number of consecutive Prohibited Periods and you could not reasonably have been expected to exercise it at a time when free to do so.

If you are in any doubt as to whether a proposed trade in NZOG Securities is subject to the Closed Period restrictions set out in this policy, you should contact the General Counsel or Chairman of the Audit Committee for clarification before trading.

Prior clearance to trade in 'exceptional circumstances'

There may be exceptional circumstances that justify the Chairman of the Audit Committee granting you, if not in possession of Material Information, prior written clearance to trade NZOG Securities during a Prohibited Period.

If you consider that, due to exceptional circumstances, you should be granted such clearance you must provide a written request for prior clearance to the Chairman of the Audit Committee. The written request should contain an explanation of the exceptional circumstances and the reasons why clearance should be granted.

The Chairman of the Audit Committee will determine on each occasion whether the circumstances justify clearance. Circumstances that might justify clearance include where financial hardship is involved or there is a pressing financial commitment that cannot be satisfied otherwise than by selling the NZOG Securities.

Any clearance will be granted in writing, will specify the period during which trading may occur and will be subject to the requirement that you comply with relevant insider trading laws.

Short Term Trading Discouraged

You should not engage in short term trading (the buying or selling of Restricted Securities within a 3 month period), unless there are exceptional circumstances discussed with and approved by the Chair of the Audit Committee.

Short term trading can be a key indicator of insider trading, particularly if undertaken on a regular basis or in large amounts. Therefore, to reduce the risk of an allegation of insider trading, it is recommended that even where you comply with the procedures set out in this policy that you **do not** trade Restricted Securities on a short-term basis.

If in doubt, don't

The rules contained in this policy do not replace your legal obligation. The boundary between what is (and is not) in breach of the law is not always clear. Sometimes behaviour that you consider to be ethical actually may be insider trading. If in doubt, don't!

If the circumstances change from that which existed when an approval was given, you must not trade. This includes cancelling any outstanding sell or buy order you may have placed with a broker.

Breaches of Policy

Strict compliance with this policy is a condition of your employment. Breaches of this policy will be subject to disciplinary action, which may include termination of your employment.

You will also be subject to disciplinary action if you engage in insider trading in respect of any other listed securities. If you have material information in relation to listed securities of another issuer (including futures contracts listed on an authorised futures exchange over listed securities), then you must not trade in those securities.

Monitoring of Trading

NZOG monitors the trading of employees and contractors as part of the administration of this policy. The Board of NZOG has approved this policy. The Board may approve updates and amendments to this policy from time to time, which may be implemented by written notice to you.

Employees and dedicated contractors must not trade in instruments or other financial products which operate to limit the economic risk of any securities held under any equity based incentive schemes provided by the Company while those holdings are subject to performance hurdles or are otherwise unvested. Any sale or other trade involving those securities after they have vested and performance hurdles have been met must be done in compliance with this policy.

To the extent of any inconsistency with any previous policy or rules relating to this subject matter, this policy prevails over them.

Approved and adopted by the NZOG Board.

New Zealand Oil & Gas Limited

Request for Consent to Trade in Restricted Securities

To: Chair of the Audit Committee, New Zealand Oil & Gas Limited (NZOG) CEO, New Zealand Oil & Gas Limited (send to both)

In accordance with NZOG's Securities Trading Policy and Guidelines for employees and dedicated contractors, I request NZOG's consent be given to the following proposed transaction to be undertaken either by me or persons associated with me, within 10 days of approval being given. I acknowledge NZOG is not advising or encouraging me to trade or hold securities and does not provide any securities recommendation.

Name of Security:	
Name:	
Name of registered holder (if different):	
Address:	
Position:	
Description and number of Securities:	
Type of proposed transaction:	
i.e. Purchase / Sale / Other (specify)	
To be transacted:	
i.e. on NZX / Off-market trade / Other (specify)	
Likely date of transaction (on or about):	

I declare that I do not hold information which:

- is not generally available to the market; and
- would have a material effect on the price of the Restricted Securities and certify that the details given above are complete.

I am aware that it is a criminal offence to knowingly breach insider trading laws. If convicted of insider trading I acknowledge that I am liable to a term of imprisonment of up to 5 years or a fine not exceeding \$300,000 or both.

I know of no reason to prohibit me from trading in Restricted Securities and certify that the details given above are complete, true and correct.			
I acknowledge that if circumstances change between the date on which I receive consent and the date on which I complete the requested trade (such that the above declaration would no longer be true) then any consent provided to me will no longer apply and I must seek a new authorisation.			
Signature	Date		
NZOG hereby consents/does not consent to the proposed transaction described above. Any consent is conditional on the proposed transaction being completed within 10 trading days of the date of this consent, and in compliance with NZOG's Securities Trading Policy and Guidelines for employees and dedicated contractors.			
Name (on behalf of issuer)	Date		