

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

Name of entity ESTIA HEALTH LIMITED
ABN 37 160 986 201

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

Name of Director	Ian Patrick Stewart Grier
Date of last notice	14 September 2015

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

Direct or indirect interest	Indirect
Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest.	Indirect interest comprises a relevant Interest under section 608(3) of the Corporations Act 2001 (Cth) – registered holders are Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund and GoodlifeOz Pty Limited as trustee for the Grier Family Trust.
Date of change	25 February 2016
No. of securities held prior to change	302,099 ordinary shares held as follows: - 43,479 ordinary shares (held through Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 258,620 ordinary shares (held through GoodlifeOz Pty Limited as trustee for the Grier Family Trust)
Class	Ordinary shares
Number acquired	24,975

+ See chapter 19 for defined terms.

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Number disposed	Nil
Value/Consideration Note: If consideration is non-cash, provide details and estimated valuation	\$151,256.36
No. of securities held after change	327,074 - 68,454 ordinary shares (held through Grier Investments Pty Ltd as trustee for the Grier Family Superannuation Fund) - 258,620 ordinary shares (held through GoodlifeOz Pty Limited as trustee for the Grier Family Trust)
Nature of change Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back	On-market trade

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of "notifiable interest of a director" should be disclosed in this part.

Detail of contract	N/A
Nature of interest	N/A
Name of registered holder (if issued securities)	N/A
Date of change	N/A
No. and class of securities to which interest related prior to change Note: Details are only required for a contract in relation to which the interest has changed	N/A
Interest acquired	N/A
Interest disposed	N/A
Value/Consideration Note: If consideration is non-cash, provide details and an estimated valuation	N/A
Interest after change	N/A

+ See chapter 19 for defined terms.

Part 3 – ⁺Closed period

Were the interests in the securities or contracts detailed above traded during a ⁺closed period where prior written clearance was required?	No
If so, was prior written clearance provided to allow the trade to proceed during this period?	N/A
If prior written clearance was provided, on what date was this provided?	N/A

⁺ See chapter 19 for defined terms.