

Form 604

Corporations Law
Section 671B

Notice of change of interests of substantial holder

To Company Name/Scheme **ESTIA HEALTH LIMITED**

ACN/ARSN **160 986 201**

1. Details of substantial holder (1)

Name **PERPETUAL LIMITED and its related bodies corporate**

ACN (if applicable) **000 431 827**

There was a change in the interests of the Substantial holder on 28 / 08 / 2018

The previous notice was given to the company on 03 / 05 / 2018

The previous notice was dated 01 / 05 / 2018

2. Previous and present voting power

The total number of votes attached to all the voting shares in the company or voting interests in the scheme that the substantial holder or an associate (2) had a relevant interest (3) in when last required, and when now required, to give a substantial holding notice to the company or scheme, are as follows:

Class of securities (4)	Previous notice		Present notice	
	Person's votes	Voting power (5)	Person's votes	Voting power (5)
Ordinary	28,117,136	10.79%	30,906,238	11.86%

3. Changes in relevant interests

Particulars of each change in, or change in the nature of, a relevant interest of the substantial holder or an associate in voting securities of the company or scheme, since the substantial holder was last required to give substantial holding notice to the company or scheme are as follows:

Date of change	Person whose relevant interest changed	Nature of change (6)	Consideration given in relation to change (7)	Class and number of securities affected	Person's votes affected
	Refer annexure 3				

4. Present relevant interests

Particulars of each relevant interest of the substantial holder in voting securities after the change are as follows:

Holder of relevant interest	Registered holder of securities	Person entitled to be registered as holder (8)	Nature of relevant interest (6)	Class and number of securities	Person's votes
	Refer annexure 1 & 2				

5. Changes in association

The persons who have become associates (2) of, ceased to be associates of, or have changed the nature of their association (9) with, the substantial holder in relation to voting interests in the company or scheme are as follows:

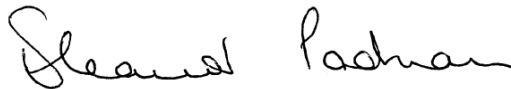
Name and ACN (if applicable)	Nature of association
Perpetual Investment Management Limited	Related bodies corporate of Perpetual Limited
Perpetual Trustee Company Limited	Related bodies corporate of Perpetual Limited

6. Addresses

The addresses of persons named in this form are as follows:

Name	Address
Perpetual Limited	18/123 Pitt Street Sydney, NSW 2000
Perpetual Investment Management Limited	18/123 Pitt Street Sydney, NSW 2000
Perpetual Trustee Company Limited	18/123 Pitt Street Sydney, NSW 2000

Signature



Print name **ELEANOR PADMAN**

Capacity **COMPANY SECRETARY**

ANNEXURE 1 - Perpetual Investments Account Codes & Details

Perpetual Investment Management Limited (PIML), subsidiary of Perpetual Limited, as Responsible Entity for:

INTERNAL CODE	REGISTRATION DETAILS
17	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
26	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
33	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
118	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
212	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
649	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
650	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
652	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
653	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
651	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
654	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
670	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
695	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
774	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001

855	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2093	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2095	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2124	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2125	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2127	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2128	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2199	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2210	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2219	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2130	RBC Investor Services Australia Nominees Pty Ltd <BKCUST A/C> GPO Box 5430 Sydney NSW 2001
2089	RBC Investor Services Australia Nominees Pty Limited <PICREDIT> GPO Box 5430 Sydney NSW 2001
2086	RBC Investor Services Australia Nominees Pty Ltd <PI CREDIT A/C> GPO Box 5430 Sydney NSW 2001
106	RBC Investor Services Australia Nominees Pty Ltd <PI POOLED A/C> GPO Box 5430 Sydney NSW 2001
133	RBC Investor Services Australia Nominees Pty Ltd <PI POOLED A/C> GPO Box 5430 Sydney NSW 2001

323	RBC Investor Services Australia Nominees Pty Ltd <PI POOLED A/C> GPO Box 5430 Sydney NSW 2001
669	RBC Investor Services Australia Nominees Pty Ltd <PI POOLED A/C> GPO Box 5430 Sydney NSW 2001
139	RBC Investor Services Australia Nominees Pty Ltd <PIQTE2 A/C> GPO Box 5430 Sydney NSW 2001
44	UBS Nominees Pty Ltd Level 16 Chifley Tower 2 Chifley Square Sydney NSW 2000
108	UBS Nominees Pty Ltd Level 16, Chifley Tower 2 Chifley Square Sydney NSW 2000
414	UBS Nominees Pty Ltd Level 16 Chifley Tower 2 Chifley Square Sydney NSW 2000
696	UBS Nominees Pty Ltd Level 16 Chifley Tower 2 Chifley Square Sydney NSW 2000
941	UBS Nominees Pty Ltd Level 16 Chifley Tower 2 Chifley Square Sydney NSW 2000

Perpetual Investment Management Limited (PIML), subsidiary of Perpetual Limited, as Trustee for:

ALL 'SS' CODES	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
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Perpetual Investment Management Limited (PIML), subsidiary of Perpetual Limited, under Investment Management Agreements with:

INTERNAL CODE	REGISTRATION DETAILS
227	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
248	BNP Paribas Noms Pty Ltd P.O. Box R209 Royal Exchange Sydney NSW 1225
702	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
740	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225

786	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
2085	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
2122	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
2131	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
2216	BNP Paribas Nominees Pty Ltd PO Box R209 Royal Exchange NSW 1225
220	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
221	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
222	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
224	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
2163	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
2222	Citicorp Nominees Pty Ltd GPO Box 764G Melbourne VIC 3001
194	Northern Trust Company Melbourne Branch: HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
779	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2101	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2152	Northern Trust Company Melbourne Branch: HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001

2161	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
2172	HSBC Custody Nominees (Australia) Limited GPO Box 5302 Sydney NSW 2001
210	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
215	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
230	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
231	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
392	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
394	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
449	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
773	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
788	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
791	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
2100	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
2166	JPMorgan Nominees Australia Limited Locked Bag 20049 Melbourne VIC 3001
711	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001

787	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001
2083	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001
2097	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001
2160	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001
2220	National Nominees Pty Ltd PO Box 1406 Melbourne VIC 3001

Perpetual Trustee Company Limited as trustee, custodian or nominee

INTERNAL CODE	REGISTRATION DETAILS
T2	Perpetual Trustee Company Limited GPO Box 4172 Sydney NSW 2001
T3	The Trust Company Limited GPO Box 4270 Sydney NSW 2001
T4	Perpetual Trustee Company Limited GPO Box 4172 Sydney NSW 2001
T6	Perpetual Trustee Company Limited GPO Box 4172 Sydney NSW 2001
T7	Perpetual Trustee Company Limited GPO Box 4172 Sydney NSW 2001

ANNEXURE 2

PRESENT RELEVANT INTERESTS

ASXCode	Internal Code	Holding
EHE	17	1,746,469
EHE	26	3,739,155
EHE	194	1,058,551
EHE	2085	658,648
EHE	2100	667,261
EHE	702	874,884
EHE	2152	2,734,059
EHE	2131	1,998,600
EHE	779	717,301
EHE	740	1,203,223
EHE	941	1,196,571
EHE	215	5,580,425
EHE	392	7,024,498
EHE	449	1,706,593

ANNEXURE 3

CHANGES IN RELEVANT INTERESTS

Account	Security	Volume	Value	AsAtDate
17	EHE	- 27,876	\$ 90,504.14	30/07/2018
194	EHE	18,999	\$ 56,556.29	27/08/2018
194	EHE	8,796	\$ 26,346.08	24/08/2018
194	EHE	10,743	\$ 31,378.28	23/08/2018
194	EHE	15,384	\$ 44,690.16	22/08/2018
194	EHE	15,817	\$ 45,700.06	21/08/2018
194	EHE	14,531	\$ 42,017.08	21/08/2018
2100	EHE	11,245	\$ 33,470.40	27/08/2018
2152	EHE	46,080	\$ 137,155.70	27/08/2018
2152	EHE	53,023	\$ 158,798.45	24/08/2018
194	EHE	8,799	\$ 25,638.49	20/08/2018
194	EHE	36,998	\$ 110,478.06	17/08/2018
2100	EHE	12,935	\$ 38,739.00	24/08/2018
2100	EHE	3,518	\$ 10,273.88	23/08/2018
2152	EHE	14,425	\$ 42,126.40	23/08/2018
2152	EHE	41,072	\$ 119,295.35	22/08/2018
2100	EHE	9,695	\$ 28,159.53	22/08/2018
2100	EHE	10,523	\$ 30,404.10	21/08/2018
2100	EHE	10,264	\$ 29,674.40	21/08/2018
2152	EHE	43,085	\$ 124,485.49	21/08/2018
2152	EHE	42,035	\$ 121,528.00	21/08/2018
2152	EHE	22,528	\$ 65,632.18	20/08/2018
2100	EHE	5,501	\$ 16,026.40	20/08/2018
2100	EHE	6,414	\$ 19,149.68	17/08/2018
2152	EHE	20,740	\$ 61,921.51	17/08/2018
194	EHE	- 2,112	\$ 6,856.45	30/07/2018
392	EHE	91,752	\$ 273,127.69	27/08/2018
392	EHE	104,608	\$ 313,325.43	24/08/2018
392	EHE	28,588	\$ 83,500.16	23/08/2018
392	EHE	81,234	\$ 235,982.89	22/08/2018
392	EHE	85,386	\$ 246,705.77	21/08/2018
392	EHE	83,164	\$ 240,472.65	21/08/2018
941	EHE	409,048	\$ 1,229,522.35	28/08/2018
392	EHE	59,156	\$ 172,368.53	20/08/2018
702	EHE	15,290	\$ 45,515.33	27/08/2018
941	EHE	22,500	\$ 66,970.56	27/08/2018
392	EHE	41,360	\$ 123,503.23	17/08/2018
702	EHE	8,849	\$ 26,504.82	24/08/2018
702	EHE	8,923	\$ 26,062.40	23/08/2018
702	EHE	13,214	\$ 38,386.36	22/08/2018
702	EHE	9,488	\$ 27,413.68	21/08/2018
702	EHE	13,174	\$ 38,093.24	21/08/2018
17	EHE	38,613	\$ 126,894.79	19/06/2018
2152	EHE	5,733	\$ 18,095.97	19/07/2018
702	EHE	7,279	\$ 21,209.52	20/08/2018
702	EHE	18,003	\$ 53,757.95	17/08/2018
2152	EHE	- 783,189	\$ 2,545,364.25	16/07/2018

194	EHE		18,866	\$	62,009.06	19/06/2018
779	EHE		12,092	\$	35,995.50	27/08/2018
779	EHE		13,898	\$	41,627.76	24/08/2018
779	EHE		3,776	\$	11,028.98	23/08/2018
779	EHE		10,769	\$	31,283.69	22/08/2018
779	EHE		11,304	\$	32,660.65	21/08/2018
779	EHE		11,029	\$	31,890.87	21/08/2018
779	EHE		5,911	\$	17,223.45	20/08/2018
2100	EHE		20,524	\$	67,448.49	19/06/2018
779	EHE		7,019	\$	20,959.12	17/08/2018
941	EHE	-	6,238	\$	20,252.72	30/07/2018
392	EHE		11,560	\$	36,494.11	19/07/2018
941	EHE	-	3,450	\$	11,227.89	27/07/2018
2152	EHE		109,128	\$	358,629.87	19/06/2018
941	EHE		1,843	\$	5,817.35	19/07/2018
2152	EHE		3,707	\$	12,072.45	31/05/2018
392	EHE		168,216	\$	552,894.89	19/06/2018
702	EHE		18,710	\$	61,496.31	19/06/2018
392	EHE		32,504	\$	105,870.41	31/05/2018
941	EHE		35,808	\$	117,676.66	19/06/2018
779	EHE		22,552	\$	74,124.25	19/06/2018
941	EHE		2,244	\$	7,307.95	31/05/2018
215	EHE		94,078	\$	280,051.74	27/08/2018
215	EHE		108,202	\$	324,090.30	24/08/2018
2085	EHE		11,100	\$	33,042.52	27/08/2018
215	EHE		29,449	\$	86,014.99	23/08/2018
215	EHE		83,826	\$	243,512.60	22/08/2018
2085	EHE		12,768	\$	38,243.15	24/08/2018
2131	EHE		35,297	\$	105,060.43	27/08/2018
215	EHE		88,073	\$	254,469.32	21/08/2018
2085	EHE		3,476	\$	10,152.74	23/08/2018
2085	EHE		9,894	\$	28,741.85	22/08/2018
2131	EHE		20,012	\$	59,933.88	24/08/2018
215	EHE		85,796	\$	248,083.21	21/08/2018
2085	EHE		10,383	\$	29,999.60	21/08/2018
2085	EHE		10,126	\$	29,279.81	21/08/2018
2131	EHE		18,161	\$	53,036.93	23/08/2018
2131	EHE		29,439	\$	85,506.82	22/08/2018
215	EHE		45,980	\$	133,976.35	20/08/2018
215	EHE		42,748	\$	127,647.88	17/08/2018
2131	EHE		21,888	\$	63,241.00	21/08/2018
2131	EHE		29,663	\$	85,759.14	21/08/2018
2085	EHE		5,427	\$	15,813.18	20/08/2018
2085	EHE		6,326	\$	18,889.79	17/08/2018
2131	EHE		16,656	\$	48,524.92	20/08/2018
2131	EHE		61,283	\$	182,967.02	17/08/2018
26	EHE		62,194	\$	185,118.53	27/08/2018
26	EHE		77,278	\$	231,439.69	24/08/2018
26	EHE		17,865	\$	52,172.49	23/08/2018
26	EHE		158,512	\$	460,404.78	22/08/2018
2131	EHE	-	6,423	\$	20,853.36	30/07/2018
26	EHE	-	360,000	\$	1,040,148.00	21/08/2018
740	EHE		20,280	\$	60,369.58	27/08/2018

26	EHE		34,170	\$	99,549.52	20/08/2018
740	EHE		23,324	\$	69,860.84	24/08/2018
215	EHE		11,890	\$	37,535.90	19/07/2018
740	EHE		6,347	\$	18,538.40	23/08/2018
740	EHE		18,073	\$	52,501.65	22/08/2018
740	EHE		18,964	\$	54,792.69	21/08/2018
740	EHE		18,499	\$	53,490.74	21/08/2018
740	EHE		9,914	\$	28,887.38	20/08/2018
740	EHE		9,109	\$	27,199.98	17/08/2018
2131	EHE		55,230	\$	181,503.63	19/06/2018
215	EHE		168,662	\$	554,360.82	19/06/2018
2085	EHE		20,604	\$	67,721.55	19/06/2018
26	EHE	-	62,219	\$	202,004.49	30/07/2018
26	EHE	-	73,217	\$	238,281.85	27/07/2018
215	EHE		2,353	\$	7,664.07	31/05/2018
740	EHE		2,474	\$	7,810.25	19/07/2018
2131	EHE	-	68,672	\$	231,219.68	24/05/2018
449	EHE		29,752	\$	88,565.86	27/08/2018
449	EHE		32,879	\$	98,480.30	24/08/2018
449	EHE		9,845	\$	28,755.39	23/08/2018
449	EHE		27,793	\$	80,738.02	22/08/2018
449	EHE		15,455	\$	44,654.13	21/08/2018
449	EHE		26,104	\$	75,480.95	21/08/2018
449	EHE		14,133	\$	41,180.68	20/08/2018
740	EHE		37,590	\$	123,551.38	19/06/2018
26	EHE		34,801	\$	114,367.34	19/06/2018
449	EHE	-	8,547	\$	27,747.19	30/07/2018
449	EHE		46,419	\$	152,570.67	19/06/2018
17	EHE		29,341	\$	87,332.59	27/08/2018
17	EHE		23,428	\$	70,164.47	24/08/2018
17	EHE		26,388	\$	76,645.06	22/08/2018
17	EHE		27,172	\$	78,557.36	21/08/2018
17	EHE		29,634	\$	85,621.52	21/08/2018
17	EHE		14,546	\$	42,377.73	20/08/2018