

o4Rule 3.19A.2

Appendix 3Y

Change of Director's Interest Notice

Information or documents not available now must be given to ASX as soon as available. Information and documents given to ASX become ASX's property and may be made public.

Introduced 30/09/01 Amended 01/01/11

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|--|
| Name of entity Estia Health Limited |
| ABN 37 160 986 201 |

We (the entity) give ASX the following information under listing rule 3.19A.2 and as agent for the director for the purposes of section 205G of the Corporations Act.

| | |
|----------------------------|------------------|
| Name of Director | Sean Bilton |
| Date of last notice | 23 November 2022 |

Part 1 - Change of director's relevant interests in securities

In the case of a trust, this includes interests in the trust made available by the responsible entity of the trust

Note: In the case of a company, interests which come within paragraph (i) of the definition of "notifiable interest of a director" should be disclosed in this part.

| | |
|--|---|
| Direct or indirect interest | Direct |
| Nature of indirect interest (including registered holder) Note: Provide details of the circumstances giving rise to the relevant interest. | |
| Date of change | 24 August 2023 |
| No. of securities held prior to change | 184,191 Ordinary Shares 916,114 LTI Performance Rights 17,741 STI Performance Rights |
| Class | 1. Ordinary Shares 2. Long Term Incentive (LTI) Performance Rights 3. Short Term Incentive (STI) Rights |

+ See chapter 19 for defined terms.

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| | |
|--|--|
| Number acquired | 343,261 Ordinary Shares |
| Number disposed | 325,520 LTI Performance Rights 17,741 STI Rights |
| Value/Consideration <small>Note: If consideration is non-cash, provide details and estimated valuation</small> | \$nil |
| No. of securities held after change | 527,452 Ordinary Shares 590,594 LTI Performance Rights |
| Nature of change <small>Example: on-market trade, off-market trade, exercise of options, issue of securities under dividend reinvestment plan, participation in buy-back</small> | 1. Vesting of LTI Performance Rights 2. Vesting of STI Rights |

Part 2 – Change of director's interests in contracts

Note: In the case of a company, interests which come within paragraph (ii) of the definition of “notifiable interest of a director” should be disclosed in this part.

| | |
|---|----------------|
| Detail of contract | Not applicable |
| Nature of interest | |
| Name of registered holder (if issued securities) | |
| Date of change | |
| No. and class of securities to which interest related prior to change <small>Note: Details are only required for a contract in relation to which the interest has changed</small> | |
| Interest acquired | |
| Interest disposed | |
| Value/Consideration <small>Note: If consideration is non-cash, provide details and an estimated valuation</small> | |
| Interest after change | |

+ See chapter 19 for defined terms.

Part 3 – ⁺Closed period

| | |
|---|----|
| Were the interests in the securities or contracts detailed above traded during a ⁺closed period where prior written clearance was required? | No |
| If so, was prior written clearance provided to allow the trade to proceed during this period? | |
| If prior written clearance was provided, on what date was this provided? | |

Date of Notice: 24 August 2023

⁺ See chapter 19 for defined terms.